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Mission Statement

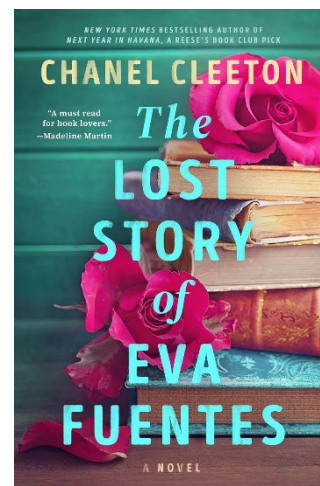
SEL's (Singles Explore Life) mission is to provide time for those singles over forty (40) years of age to come together to meet other people, to socialize, to explore areas of enhancement for our personal lives, and to seek God within us, exploring that relationship with God and God's likeness in us all. We also strive to become more aware of persons traveling similar roads and to seek connections with them should that be feasible.

The SEL Book Club will be Tuesday, January 20th, at 1:15pm, at The Bristol Bar and Grille Restaurant (300 N. Hurstbourne Parkway). The chosen book is "The Lost Story of Eva Fuentes" by Chanel Cleeton. Please contact Janet Mann (553-1444) for a reservation so she can let the restaurant know. Hope to see you there. Happy reading!

A 2025 Goodreads Choice Award Nominee

"This captivating story is an ode to book lovers!"—*Woman's World*

A mysterious book with a legacy spanning from the beginning of the twentieth century to the present day unites three women—and their secrets—in this unforgettable novel from *New York Times* bestselling author Chanel Cleeton.



The Sunshine Club which sends out our birthday, sympathy, and "Hope You Are Feeling Better" cards is in need of your support. Please send a \$5 -\$10 contribution to Barbara Grayson, 10701 McMeekin Ln., Unit 102, Louisville, 40223. Your donation is very much appreciated! Thank You!

Birthdays: Lois VonNostitz (1/14), Marie Pierce (1/15), and Bobbe Moutray (1/23).



The SEL Christmas Dinner was held on Thursday, December 4th, at Brassiere Provence Restaurant on Hurstbourne Lane. Fourteen SEL members were able to attend. The restaurant provided their private dining room with one large table to accommodate all of us. It was beautifully decorated and made the atmosphere very seasonal and festive. Spirits were light and everyone was quite chatty catching up on holiday plans. Five of the SEL members had birthdays the next day and the restaurant provided a special dessert for them while everyone sang Happy Birthday. The menu offered delicious lunch specials that were appreciated. It has been a continuing SEL Christmas tradition to gather, break bread together, and enjoy the companionship and long-standing friendships that have blossomed over many years. And it was great to welcome our new friends who have joined us this year. Happy Holidays! 🥂



Prayers, please for Lynne's sister, Jackie; Lynne's significant other, Brook; and Kathi Ley's daughter, Meredith.

“It was the beginning of the greatest Christmas ever. Little food. No presents. But there was a snowman in their basement.”

—Markus Zusak, *The Book Thief*