



May, 2026

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Mission Statement

SEL's (Singles Explore Life) mission is to provide time for those singles over forty (40) years of age to come together to meet other people, to socialize, to explore areas of enhancement for our personal lives, and to seek God within us, exploring that relationship with God and God's likeness in us all. We also strive to become more aware of persons traveling similar roads and to seek connections with them should that be feasible.

Tuesday, May 19th, at 1:15pm, the SEL Book Club will meet at Selena's at Willow Lake Tavern (10609 LaGrange Road). Selena's is a popular Creole and Sicilian Louisville restaurant known for its New Orleans-style atmosphere, fresh seafood, and historic location. SEL will meet on the back porch of the restaurant. The book to be discussed is *The Orphan List* by Ann Bennett. Please contact Janet Mann (553-1444) for a reservation. Happy reading!





Prayers of healing go out
to Marty Murphy!



If anyone is interested in making a trip to Churchill Downs in May, please contact Lynne Webb – 298-4126. We are still in the planning stage.

Happy Birthday to
Rosie Johnson-Dean (5/28)!!!!



"Life, like horse racing, is about balance, patience, and knowing when to make your move."

Bill Shoemaker